

Rules & Information

Zarnesti Challenge, 22nd October

Zarnesti, Brasov County, Brebina Motocross

ZARNESTI CHALLENGE is a running race on a route in the forest landscape with various obstacles. Running through this route requires a sustained physical effort and **MINIMUM** physical training.

The race will take place on 22.10.2016 in the town of Zarnesti, Brasov County near Brebina motocross trail.

ZARNESTI CHALLENGE is a running event for all lovers of outdoor movement who are over 18 years old , both amateur and professionals .The competitors are bound by the terms and conditions of this regulation. They also must sign an affidavit made available by the organizers in order to receive the participation kit.

Route and race details

The route of the competition has a distance of 7 km with over 30 obstacles for amateurs and 14 km with over 62 obstacles for professionals.

Specifically, going through the race track 2 times, crossing the forest roads, paths with different inclinations, therefore trail shoes are recommended.

Obstacles will test their sporting skills consisting of vertical walls that will be climbed with or without ropes, narrow passageways and low tunnels that they will pass crawling, running areas with weights, running through tires, climbing ropes. Fingerless gloves are recommended.

The route will be marked with tape and will have volunteers who will indicate the direction.

Competitors in strategic areas will be supervised by referees.

The organizers reserve the right to change the route depending on the weather conditions.



Categories for participation

Elite male / female -35 years and 35 years

Amateur male / female -35 years and 35 years

Participation fee- cost and prizes

The entry fee is **70 lei (seventy)**. This will be paid directly online or by scanning the QR code on the event photo at www.paservices.ro/events under the event description.

Registration and / or confirmation is made on our website, at the email address: events@paservices.ro, EVENTS.PASE code in the subject (up to 15 October 2016). This code will provide discounts on accommodation and other facilities in the competition day.

For online registration, the validation will be made only after proof of payment of participation fee.

In case of withdrawal from the race, the entry fee will not be returned but may be assigned to another participant. This change of data must be notified to the organizers at least three days before the competition.

Contest Package

All validated participants will receive a participation kit that will include:

- Number of competition;
- Technical shirt;
- Finisher Medal;
- 0.5l water bottle;

The organizers and co-organizers will provide all participants with:

- Revitalizing point at the finish line and on the route.
- Medical assistance in case of need;



- Toilets;
- Shower with hot water;

Obligations for competition

Equipment required: running shoes, racing number visible (preferably from behind) throughout the contest.

It is recommended to have raincoats, gloves, shoes and spare clothes.

Competitors are prohibited from using devices that limit hearing during the race.

It is the duty of each competitor to determine whether his/her physical skills are suitable for this type of race, being aware of the risks involved and the need for a thorough medical examination before the event.

Participants are forbidden to compete drunk or other substances that alter mental or physical capabilities.

The organizers may disqualify / penalize competitors that:

- Do not comply with the route;
-omit intentionally crossing barriers;
-uses a means of transport;
- Do not show respect for other participants, organizers, volunteers;
-are using the help of supporters;

Contestants can help each other when passing obstacles.

Start time and other specifications

The start of the competition will be given at 11:00 and you will have to be there at 10.00 to pick up your participation kit.

There is no time limit for completing the route.

Rewarding

The following categories will be rewarded with money:



- elite Men
- elite Women
- male amateur
- female amateur
- special category 50 years

Will be rewarded the categories for which there are at least 25 competitors.

For registration of companies and their staff, certificates of participation will be provided, the possibility targeted to promote the firm in exchange for donations to support the competition through TV, media and press release before and after the event, possibility to add banners to the location and to wear equipment with the company's brand. Further details on the phone number **+40 737 44 10 03** or at events@paservices.ro subject: Zarnesti Challenge, second edition, 2016.

You are welcome to register for the next competition Zarnesti Challenge at www.paservices.ro/events!!

